

# *Cantare Chorale*

UNDER THE DIRECTION OF MARIIA PECHENOVA PRESENTS:

## *With Joyful Ring*



DECEMBER 5TH, 2015

7:00 P.M.

ST. STEPHEN'S LUTHERAN CHURCH  
1001 OLSON LANE, EL DORADO HILLS, CA

JANUARY 3RD, 2016

3:00 P.M.

PLACERVILLE CHURCH OF THE NAZARENE  
6040 MOTHER LODGE DR., PLACERVILLE, CA

## The Work of Christmas

When the star in the sky is gone,  
When the Kings and Princes are home,  
When the shepherds are back with their flocks,  
The work of Christmas begins.  
To find the lost,  
To heal the broken,  
To feed the hungry  
To release the prisoner,  
To rebuild the nations,  
To bring peace among brothers,  
To make music,  
Make music from the heart.

*Words adapted from Howard Thurman (1899-1981)*

# Welcome Friends!

Dear Friends,

This Christmas season challenges us again to consider the meaning beyond the hustle and bustle of our lives. The music selections we share with you speak of the bitter and sweet of changing seasons and the coming of winter. Carefully crafted poetry illuminates the work of Christmas after the star, the shepherds, and kings have gone, and challenges us to love our brother and sing from our heart. We are delighted to share the lilting carols of the past in new styles and arrangements. Then comes the old familiar tunes that take us back to our childhood and remind us of our innocence and belief in Santa. There is no time of the year quite like this season to bask in music woven through the centuries to express love, joy and jubilation in our world. We want you to sit back and enjoy the experience, to consider the deeper meaning, to sing along, especially in your heart. Our purpose is that your spirit will be lifted and your path be lightened as you share this Christmas season with your friends .

*Mariia*



# Introducing our Director

## Mariia Pechenova



Hailing from St. Petersburg, Russia, Mariia has lived in the US since 2012. She is currently the assistant professor of music at Folsom Lake College and Sierra College. She is also the pianist and organist for traditional and contemporary services, and Director of the Children's Choir at St. Stephen's Lutheran Church in El Dorado Hills.

Mariia's background includes a Master of Arts in Conducting at St. Petersburg State University in St. Petersburg, Russia in 2012.

She has worked with the finest St. Petersburg's professional choirs such as the St. Petersburg Women's Choir, the Youth Chamber Choir of St. Petersburg, and the St. Petersburg Chamber Choir "Petersburg-Concert". She has performed as Soprano in vocal recitals. For over 15 years she performed and toured with St. Petersburg's Music Theater as a soloist in musicals and Russian, German, Italian, and British opera in the primary concert halls and theaters in Russia and Europe. Mariia has worked with such prominent artists as Vladimir Miller, Dmitri Hvorostovsky, Elena Obraztsova, and symphony conductors Yuri Temirkanov, Saulius Sandetskis, Alexander Sladkovsky, and Alexander Tchernushenko. Locally Pechenova was one of the conductors at the 2015 community sing-along event of Messiah 2.0.



# our Accompanist

## Wendy Payton

Wendy grew up in Placerville where she began her piano studies with John Trenalone, then studied piano with Dilworth Simmons in Sacramento. At the age of twelve, she began teaching piano and had a studio of ten students throughout her high school years.

She double majored in piano performance (studying with Frank Wiens) and music history at University of the Pacific, and did graduate work in music history and theory at University of Illinois (where her piano teachers were Daisy de Luca Jaffe and Lydia Artymiw) and at the University of Iowa, where she earned a master's degree in organ (studying with Paul Tegels, John Chappell Stowe and Delbert Disselhorst).



Wendy served on the music faculty at Stillman College (Tuscaloosa, AL) and at Mississippi State University (Starkville, MS). She has performed in 29 states. She accompanies the choir at Union Mine High School, serves as choir director, hand bell director and organist for First Lutheran Church in Placerville, and teaches piano and organ in Shingle Springs, Placerville, and at El Dorado Hills Music. She has accompanied Cantare Chorale since 2008.

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## Our Musicians

**Annika Andersson**, Soprano, is a native to El Dorado County. She hopes to give back to the community that helped rear her. She is the mother of three teenage children, holds a Master in Mythology with a Depth Psychological emphasis and her passions include the creative process, photography, psychology, religious studies, philosophy, and mythology

**Larry Applegate**, Bass, a software engineer, grew up in an Air Force family. He dropped out of UC Berkeley and joined the Air Force where he sang in the Army Language School Russian Choir. Larry and his late wife, Sherry, moved to Coloma in 1997, were active in the Jazz Jubilee and co-founders of the Sacramento Ragtime Society. Today their daughters both teach school in Placerville.

**Holly Carmichael**, Soprano, a recent transplant from the Bay Area, sang for 10 years with Symphony Silicon Valley's Chorale (under the direction of another excellent Russian maestra). She credits her love for choral singing to her junior high music teacher, various church choirs, and community theater productions. An attorney and CPA, Holly minored in music and now specializes in singing silly songs to her one year old son.

**Cindy Cockerell**, Soprano, has been a member of Cantare since 2012. She has had many years of experience with singing in church praise teams, small groups and local musical theater. She and her husband have three children and six grandchildren. Other interests include vacationing in Maui, golf and science.

**Carmen Disho**, Alto, moved from the Bay Area to El Dorado Hills in 1991 with her husband, Varda, and three children. She sang with the Foothill Women's Chorus for over 11 years. Carmen worked for Franklin Templeton Investments for 10

years before retiring. Now she enjoys her three grandchildren, gardening, hiking, cycling, fishing, traveling and the arts.

**Florene Haile**, Alto, moved to Shingle Springs from Fort Collins, CO. She has been in music since she was eight years old. While in Colorado, she was the accompanist for Woodland Park High School. She met Wayne while singing in the college choir, and they have been together in various choirs for 56 years.

**Wayne Haile**, Bass, is beginning his second year singing with Cantare. He courted his wife in college choir, and they both have remained active in church choirs and musicals for 50+ years. After working as an Air Force civilian for 40 years, Wayne's post-retirement avocation has been to work as a maintenance/fixit man at a Christian camp in high Colorado.

**Linda Ford Hughes**, Soprano, a native Northern Californian and retired school teacher, has been singing in choral groups since elementary school. Linda joined Cantare in 2010. She has 2 adult children and 4 young adult grandkids. Linda and husband, Floyd, are active in Placerville Church of the Nazarene and love to explore the United States and travel the world

**Kathy Keleshan**, Soprano, grew up in southern California and the Bay Area, and now lives in Shingle Springs. Her family includes husband, Phil, daughter, son, and seven wonderful grandchildren. She has worked as a teacher and administrator--currently in special education and technology. She has been singing in church and other groups since high school.

**Mary Leonard**, Alto, grew up in Los Angeles among bright lights and movie stars and has been performing since she

## Our Musicians

was 7 years old when her mother decided she should "share her gift". She relocated to Northern California to find peace, family and friends. She is a real estate professional by day and enjoys music as often as possible.

**Sue Mathews**, Alto, is a former choir director who joined Cantare this year to return to her singing roots. Originally from Washington State, Sue began working in El Dorado County in 1980 and loves the foothills! She teaches Spanish at Union Mine High School, and enjoys her husband and two grown sons. She loves to travel and visits with family.

**Cathy McGuire**, Soprano, has lived in El Dorado Hills since 2005, having grown up in Wisconsin and lived in California since 1980. A former teacher, she is a cantor and member of the Holy Trinity choir, and serves as Cantare's music librarian. She and her husband Dave have three grown children and a good start on grandchildren.

**Ruth O'Shea**, Alto, moved from SC to Shingle Springs with her husband, Larry, in 1986. She is an RN with a Master in Nursing from Emory University. In retirement, she volunteers as a Faith Community Nurse at the Church of the Nazarene. Ruth became an active member of Cantare in 1994 and now serves as President of the corporation.

**Carrie Penaloza**, Soprano, born in Napa to an Air Force family, Carrie has lived much of her life outside California, finally returning to Shingle Springs in 2010. She has been involved since childhood in various school choruses, church choirs and community chorales. She has two grown children and, in addition to music/singing, enjoys reading, dancing, travel and learning new things.

**Bob Ridgway**, Tenor, involved in choirs as bass and tenor for decades, joined

Cantare in 2006. Holding a bachelor's in Physics with post-graduate courses in engineering and other topics, Bob worked as an aerospace and communications engineer in northern and southern California. He moved to Placerville for two years in 1984 and moved back after retirement in 2003.

**Stephen Shoff**, Tenor, grew up in California and Arizona. His musical interests were in piano and violin through his college years, receiving his music training mostly through school-related programs. Since college, his opportunities have been centered in church choral music. His enjoyment of classical and choral music led him to join Cantare in 2010.

**Karen Tustin**, Alto, is a retired attorney in Placerville. She and her husband, Doug, a retired family physician, moved to Placerville in 1973, choosing the area as the perfect place to practice their respective careers and raise a family. They have three grown sons, all of whom are successful products of Placerville public schools, and seven grandchildren.

**Jason Westen**, Bass, having a deep passion for music since age 4, started guitar at age 17, and training to sing at age 25. Now, age 40, he is dabbling in other musical instruments, enjoys karaoke, and has joined Cantare as his first choir experience. He is a holistic nutritionist and expert woodworker. He currently attends school, majoring in nursing and psychology.

**Al Woods**, Tenor, a member of Cantare since 2011, has been involved in choral singing since elementary school. He has also sung in gospel quartets and mixed quartets. Al holds a degree in Mechanical Engineering, and worked in the aerospace industry prior to arriving in Placerville in 2009.

Under the direction of  
**Mariia Pechenova**

## *With Joyful Ring*

Bitter for Sweet	Rossetti & Chorbajian
Throw Open Your Shutters!	Amy F. Bernon
I Carry Your Heart with Me	E. E. Cummings & Stroope
Holly Carmichael, Soprano	Marlene Silva, Violin
Carol of the Bells	Leontovich & Wilhousky
Star of the Morning	Heber & Faure, arr. by T. Fetteke
The Sleigh	Tchervanow & Kountz, arr. by W. Riegger
The First Noel	English Carol arr. by D. Forrest
Ya viene la vieja	arr. by A. Parker & R. Shaw
Silent Night	Mohr & Gruber, arr. by Shelley Rink Mary Leonard, Alto
Joy to the World	Handel & Watts, arr. by Shelley Rink Robert Day & Shelley Rink, African Percussions

### **Piano Accompanist**

Wendy Payton

### **Rhythm Section**

Skip Mullin - guitar  
Steve Pedego - bass  
Robert Day - percussion  
Shelley Rink - percussion

## **Intermission**

The Work of Christmas	Thurman & Forrest	
Pie Jesu from "Requiem"	Andrew L. Webber	
Holly Carmichael & Carrie Penalzoa, Soprano Soloists		
Caroling, Caroling	Hutson & Burt, arr. by M. Weir	
In the Bleak Midwinter	Rossetti & Holst, arr. by D. Meader	
Al Woods, Tenor	Carrie Penalzoa, Soprano	
A Song of Santa	Holiday Mash-Up	J. Day, arr. by M. Huff
Ruth O'Shea, Alto	Mary Leonard, Alto	
Wayne Haile, Bass	Stephen Shoff, Tenor	
Linda Ford Hughes, Soprano	Bob Ridgway, Tenor	
I'll Be Home for Christmas	Gannon/Kent, arr. by Schmutte	
That Night	J. W. Thompson, arr. by R. Huff	

### **Violinist**

Marlene Silva

### **Narrator**

Larry O'Shea

We would like to know which songs you like the best.

Do you have any requests for future concerts?

Please write your answers on the information request form provided by usher.



# *Cantare Chorale*

## **Soprano**

Annika Andersson  
Holly Carmichael  
Cindy Cockerell  
Linda Ford Hughes  
Kathy Keleshian  
Cathy McGuire  
Carrie Penaloza

## **Alto**

Carmen Disho  
Florene Haile  
Mary Leonard  
Sue Mathews  
Ruth O'Shea  
Karen Tustin

## **Tenor**

Robert Ridgway  
Stephen Shoff  
Al Woods

## **Bass**

Larry Applegate  
Wayne Haile  
Jason Westin

## **Search for Singers**

Cantare welcomes singers—sopranos, altos, tenors and basses. Do you sing? Do you know others who sing? You are invited to talk with a member of Cantare to learn more about the audition process. Sign up on Interest Card.



\* \* \* \* \*  
\* AUDITIONS \*  
\* Early January \*  
\* For New Singers \*  
\* Sign up today \*  
\* \* \* \* \*



All members, new and old, begin the fall season getting acquainted with each other and with the season's music at a rehearsal retreat at Zephyr Point, Lake Tahoe.

*I Carry Your Heart With Me*

*I carry your heart with me (I carry it in my heart)  
I am never without it (anywhere I go you go, my dear;  
and whatever is done by only me is your doing, my darling)  
I fear no fate (for you are my fate, my sweet)  
I want no world (for beautiful you are my world, my true)  
and it's you are whatever a moon has always meant  
and whatever a sun will always sing is you  
Here is the deepest secret nobody knows  
(here is the root of the root and the bud of the bud and the sky of the  
sky of a tree called life;  
which grows higher than the soul can hope or mind can hide)  
and this is the wonder that's keeping the stars apart  
I carry your heart (i carry it in my heart)*

Words by E.E. Cummings



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YA VIENE LA VIEJA  
(Traditional Spanish Carol)

Ya viene la vieja  
Con el agui naldo  
Le parece mucho,  
Le viene quitando.

Estribillo:  
Pampanitos verdes, hojas de limon,  
La Virgen Maria, Madre del Senor.

Ya vienen los Reyes  
Por el arenal,  
Y le traen al Nino  
Un torre real.

Estribillo

Y vienen los Reyes  
Por aquel camino,  
Y le traen al Nino  
Sopitas en vino.

## El Dorado County's Finest

First organized in 1992, members come from diverse backgrounds, all with the common goal of sharing quality music. You may have seen the chorale perform at other venues – the Capitol Rotunda Holiday Music Program, Imagination Theater, Memorial and Veterans Day tributes, the Placerville Festival of Lights, and the Community Concert Series, the Harris Center. In 2015 Cantare sang in the 2nd annual Sacramento Choral Festival Event—SacSings! Their concerts emphasize vocal variety with colorful insights on the composers and the selections. With 20 members singing 4- to 8-part harmony – the sound is impressive.



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WORSHIP WITH US THIS SUNDAY!



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10:00am • Fellowship Time  
10:30am • Contemporary Service  
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## Private Engagements

Are you looking for entertainment for your organization's special luncheon, dinner, or other event? Give Cantare a call to schedule a private program.

# *Cantare Chorale*

of the Sierra Foothills

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## Bitter For Sweet

Summer is gone with all its roses,  
Its sun and perfumes and sweet flowers,  
Its warm air and refreshing showers:  
And even Autumn closes.  
Yea, Autumn's chilly self is going,  
And winter comes which is yet colder;  
Each day the hoar-frost waxes bolder,  
And the last buds cease blowing.

Christina Georgina Rossetti

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
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